



# Does your child suffer from anxiety?

**1 in 10 children struggle with this condition.**

Does your child worry about;

- Performing at school or sporting events?
- Fitting in with their peers?
- Performing a task perfectly?

Does your child experience;

- Fatigue?
- Difficulty concentrating?
- Muscle tension?
- Trouble sleeping?

**Learn how to help your child recover from anxiety and lead a full and happy life at our Free workshop**

Friday 11 May 2018, 6 – 7pm  
Community Centre, The Grove Library  
1 Leake St (cnr Leake St & Stirling Hwy), Peppermint Grove

**Visit our website to register for this event and for your chance to win a free initial consult with Dr Challis!**

Our team: Dr Natalie Challis – QEEG Diplomate, Leanne Newland – Clinical Psychologist, Dr Alison Hay – Clinical Social Worker, Child and Family Therapist, Leigh Shinde – Nutritionist, Darrell Wills – Educational Specialist, Esyllt Graham – Pediatric Chiropractor

[www.kidsdevelopmentcentre.com.au](http://www.kidsdevelopmentcentre.com.au)

P: 9284 2759 E: [cathy@kidsdc.com.au](mailto:cathy@kidsdc.com.au)